



WAGS NEWS



Welcome to the January 2010 newsletter. This edition looks back at the achievement of both clubs and individuals in the last 6 months as well as giving you information about coach education and volunteer training courses.

Why keep your clubs successes and achievement to yourselves send them in, the more news the better especially if you have a photo or two.

This newsletter is aimed at anyone with an interest in rowing throughout the WAGS Region. It aims to keep you up to date with activities and events going on within both the region and nationally that affect your local club.

Remember this is your region's newsletter therefore to make the most of it and promote the activities in your club, e-mail articles to sarah.harris@britishrowing.org

Happy New Year to you all.

I would like to take this opportunity to introduce myself to all you readers, as your new coaching and development officer.

In my short time in post there have already been one or two significant changes. The ARA have changed their name to British Rowing and WAGS have secured a coaching and development officer solely for the region. I would like to thank Rachael for the preparations she made for a smooth transfer of posts and wish her the very best for the future.

Autumn 2009 has brought with it a New Sport England Whole Sport Plan, a consequence of which is the need to update the WAGS regional plan, taking into account the developments and aspirations of each club, school, university and associated organisation. Consultations will take place and a draft plan will be published for consideration. Any input or feedback can be given to your Divisional Rep, Philippa Sondheimer, your Regional Chairman, Phil Clements or myself during this process.

I will be spending much of this year getting to know you all a lot better and wish you all a successful 2010.

Regards

Sarah Harris

WAGS Regional Rowing Council Committee 2010

Chairman:
Email

Phil Clements
chair@wagsrrc.co.uk

Deputy Chairman:
Email

Julian Bewick
julian@bewick.org

**Secretary and
Divisional Representative:**
Email

Philippa Sondheimer
philippa@haringtonglass.co.uk

Regional Safety Adviser :
Email

Clive Pendry
clive.pendry@virgin.net

**Hon Treasurer and
Umpires Commission Rep:**
Email

Robin Leach
rmcmd.leach@virgin.net

Coaching Commission Rep:
Email

Nick Ware
nickware@doctors.org.uk

Junior Commission Rep:
Email

Penny Senior
penelope.senior@hp.com

Veteran Commission Rep:
Email

Mike Smith
lizdotesio@btinternet.com

Recreational Rowing:
Email

Stephen Oxlade
deandsteve@talktalk.net

Coaching and Development Officer: Sarah Harris
Email sarah.harris@britishrowing.org
Mobile; 07818 576149

WAGS Affiliated clubs/schools/universities: Avon & Somerset Police RC, Avon County RC, Bradford on Avon RC, Bristol Ariel RC, City of Bristol RC, Cotswold RC, Fuzzy Duck BC, Gloucester RC, Meles BC, Minerva Bath RC, Severn River Rowing Ass, Swindon RC, Bath University, Bristol University, Defence Academy RC, Gloucester University, West of England university, Cheltenham College BC, Cheltenham Ladies College BC, Clifton College BC, Monkton Bluefriars BC, Monkton Coombe School BC, Wycliffe College Boat Club, Royal Agriculture College, Wiltshire Scullers



Summer and Autumn Results



**Bath University-
Nicola and Gabbie
Rodriguez.
Winners of U23
W2x Nat Champs**



**Avon County - Hannah O'Driscoll
in Winning WJ 8+ Nat Champs**

**Minerva Bath
Anna Davidson, Helen Glover, Erica
Bodman, Lucy Ryver- Winners of W4X
Nat Champs**



**Bradford on Avon Rich
and Andy Vet E 2X
Stourport**

**City of Bristol Emma Mitchell
5th WIM2 Lwt 1x Scullers
Head**



Monkton Coombe School Boat Club enjoy Wycliffe Small Head

The weather held up well for the days racing at Wycliffe, making a change from previous years! A slight head wind, and rather cold, but not as wet as we might have expected. All the crews raced hard, with some excellent results. The first to be congratulated must be the Senior Boys Quad - who not only won IM3, but then went on to repeat the performance by charging through the opposition to win the J18 category also, topping it all off with an event record time! (The crew was Henry Page, Charles Absolon, Charlie Adams and Lucus Wendal.)

However, the small but perfectly formed Senior Girls Squad refused to be overshadowed. Unfortunately the IM3 4x had to be scratched due to illness, but Martha Kolhaas and Charlotte Eggeling faced up to the challenge before them, coming home victorious with a win in the J18 2x in addition to Martha's silver medal in Women's Novice Sculls.

Rhiannon Jones - Assistant Rowing Coach, MCSBC

British Rowing's World Class Start Scheme sponsored by Siemens is a unique talent identification and development scheme. The programme is funded by UK Sport with Lottery money and since 2006 is sponsored by Siemens. The programme at Bath has identified four athletes for Great Britain teams in the past five years including one U23 World Champion. The athletes in Bath train at the University of Bath and at Minerva Bath Rowing Club. For more information on this article or the World Class Start Programme please contact Paul Stannard, Performance Development Coach, GB Rowing: paul.stannard@gbrowingteam.org.uk



WEST OF ENGLAND CHALLENGE VASE COMING TO BRISTOL AVON REGATTA

Next year it will be Bristol Avon Regatta's turn to host the West of England Challenge Vase for top coxed fours.

The winners will join the prestigious list of "the best in the West" which goes back to 1877, and will receive special pots with silver stampings.

So WAGS Clubs – make sure you include Bristol Avon Regatta in your top coxed four's programme for the coming season. The regatta is organised by Avon County RC and takes place on Saturday 22 May 2010 on its dead straight 1000 metre course at Saltford. The event will be for Open Senior 4+.
www.baregatta.org.uk



Recognising Coaching and Volunteer in 2009



Gordon Trevett, Director of Rowing at Bristol University, has recently received a major accolade from one of the most historic, prestigious and successful rowing clubs in the world. Gordon has been awarded membership of the Leander Club in recognition of his exceptional achievements in the sport.



Congratulations to Brian Nelson on receiving the Volunteer of the Year Award for the WAGS region. In recognition for the outstanding commitment and dedication Brian has shown. Brian has been a member of Gloucester Rowing Club for over 60 years. He will give up whole days to help out and helps to maintain the clubhouse, doing DIY jobs, organising the servicing of equipment and opening up the boathouse. Brian has been actively involved with Project Oarsome from start to finish and regularly coaches junior club members, mans the safety launch and will cheerfully tow a trailer to a regatta at some unearthly hour if asked to do so. He was also an active umpire within WAGS until recently - he is a great person to have about, cheerful, helpful and supportive – a true all-round volunteer! "



WAGS NEWS



Awards 2010

Bath and North East Somerset Council

The Chair's Community Sport Awards 2010

Categories include:

Volunteer in Sport 19 and over
Volunteer in Sport 18 and under
Young Achiever in Sport 18 and under
Disabled Sports Person
Disability Sport Volunteer
Sports Coach
Sports Club of the Year
PE and Sports Teacher in Schools
PE and Sports Volunteer in Schools
Passport to Health Achievement
Aquaterra Achievement Award

Deadline Friday 5th February

For more details visit
<http://www.bathnes.gov.uk/BathNES/leisureandculture/sports/sportsclubs/chairscommunitysportawards2010.htm>



The Foundation
for Sport
and the Arts

CCPR

One voice for sport and recreation

Sports Club of the Year Awards 2010

First Prize - £6,000

Two x Second Prizes - £3,000

Three x Third Prizes - £1,000

Are your clubs the focal point of the local community:

- Providing opportunities for everyone to experience high quality activities at all levels of your sport or recreation?
- Demonstrating a commitment to the development of participants as well as coaches and volunteers?
- Taking an innovative approach to the promotion of the club?

In short...

Could your clubs win CCPR's Sports Club of the Year Award?

For further details visit

www.ccpr.org.uk/scoty2010 .

Deadline for submitting the application to British Rowing is January



EXCELLENCE IN SPORTS COACHING

UKCC Level 2 Rowing Coach Award

27th & 28th February, 20th & 21st March 2010 Hosted by Avon County Rowing Club, Saltford.

Cost: £300 British Rowing members, £322 Non members

Date for applications: January 29th 2010.

For any further information or queries please contact Penny Senior, Email:

juniors@avoncountyrrowingclub.org.uk or phone: 0117 9867934



WAGS NEWS



DIARY DATES

DATE	EVENT	VENUE	TIME	CONTACT
Feb 6	Wycliffe Big Head wbh@wycliffehead.co.uk	Wycliffe Boat Club	11am 2pm	Phil Clements 01453 7302033
Feb 11	Head of River Race Monitors Meeting Open to All Clubs	Saltford Hall Saltford, Bath	7pm	Robin Leach rmcmd.leach@virgin.net
Feb 17	Safeguarding and Protecting Children	University of Bath	6.30pm	Wesport info@wesport.org.uk
Feb 21	City of Bristol Head cityofbristolhead@bristolrowing.co.uk	City of Bristol	11.30am 2.30pm	Neil Cobb
Feb 27 Feb 28	UKCC Level 2 Rowing Coach juniors@avoncountyrowingclub.org.uk	Avon County Rowing Club	9am 9am	Penny Senior 0117 9867934
Mar 1	Safeguarding and Protecting Children	University of Gloucester	6.30pm	Active Gloucester 01242 715204
Mar 5	Rigging Workshop	TBC	6.30pm	Sarah Harris 07818 576149
Mar 6	Avon County Head HORentries@avoncountyrowingclub.org.uk	Avon County		P Sondheimer
Mar 14	Gloucester Head info@gloucesterrowing.org	Gloucester Rowing Club		
Mar 20 Mar 21	UKCC Level 2 Rowing Coach Part 2 junior@avoncountyrowingclub.org.uk	Avon County Rowing Club	9am 9am	Penny Senior 0117 9867934
April 21	Safeguarding and Protecting Children	Frys Club Keynsham	6.30pm	Wesport info@wesport.org.uk